

# Our Curriculum

Families who join Bittersweet Place support groups share their grief journey with people who are in similar circumstances. Children and teens are grouped by ages while adults have a group of their own. Each week's theme is explored through discussions, music, games, crafts and stories. All age groups, including the adult group, focus on the same theme each evening, creating opportunities for families to share and heal together.

The weekly themes are:

- Telling My Story
- Understanding Death
- Identifying Changes
- Remembering the Person
- Identifying & Expressing Feelings
- Exploring Unfinished Business
- Coping with Feelings
- Practicing Self-Care

In addition to these eight weekly themes, the ten-week session includes two family fun nights.



Find us at

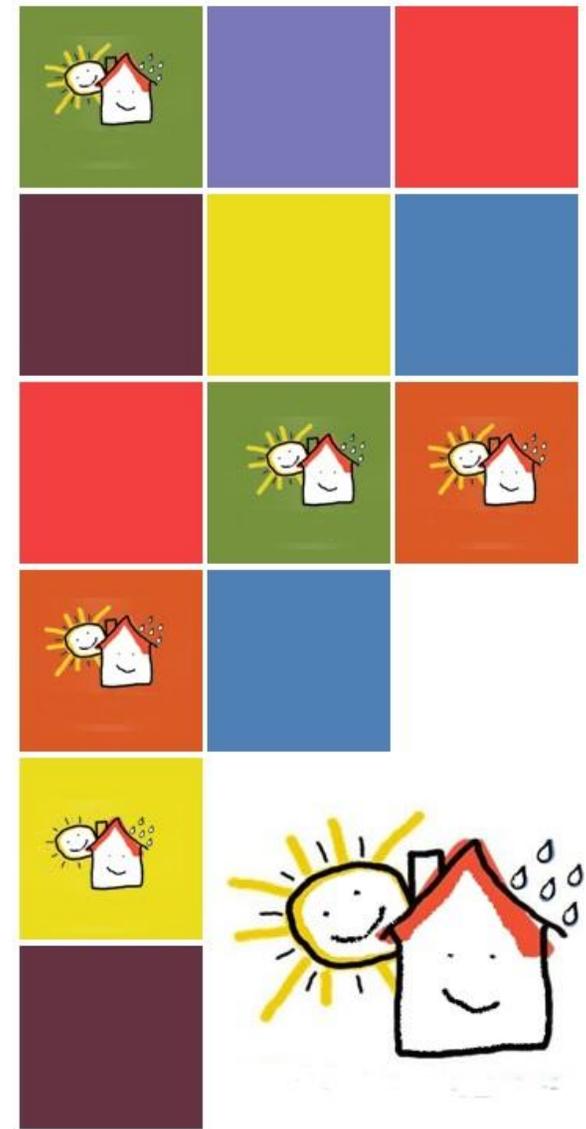


[Facebook.com/BittersweetPlaceWrbg](https://www.facebook.com/BittersweetPlaceWrbg)



[BittersweetPlace.org](http://BittersweetPlace.org)

Bittersweet Place  
PO Box 823  
Warrensburg, MO 64093



# Bittersweet Place

A Program for Grieving Children,  
Teens and their Families



## Who we are

Bittersweet Place is a group of trained volunteers who are passionate about assisting children, teens and their families through the grief process. We facilitate healthy discussion about grief and the loss of a loved one. Bittersweet Place is not faith-based and does not replace counseling.

## Who we serve

Bittersweet Place welcomes all grieving children, teens and their families from Warrensburg and its surrounding communities regardless of race/origin, religion, or sexual orientation.

## Where we meet

Space for Bittersweet Place meetings has been graciously provided by Bethlehem Lutheran Church, 607 N. Maguire St. in Warrensburg, Mo.

## When we meet

We meet for ten consecutive Mondays from 6:30 p.m. to 7:30 p.m. Two 10-week sessions are typically held each year – one in the fall, one in the spring.

## Getting Started

To find out more about participation in the Bittersweet Place program, contact us by calling 660-624-3030 or visiting our website at:  
[www.bittersweetplace.org/contact-us](http://www.bittersweetplace.org/contact-us).

